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The Classmate Magazine

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The Classmate

An Independent Magazine for the Naval Postgraduate School Community

October/November 1997

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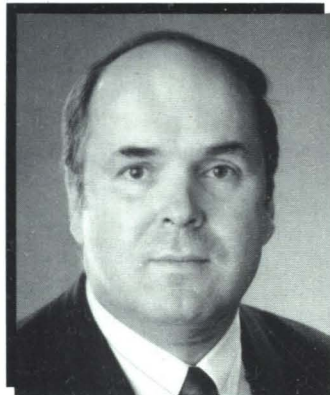
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The Classmate

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ON OUR COVER:

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The Classmate was originated and previously edited by the wives of the students of the General Line and Navy Science School. It is now sponsored by the Officer Students' Spouses' Club of the Naval Postgraduate School. Material and opinions contained herein are those of the contributors and should not be considered an official expression of the OSSC or the Department of the Navy or services advertised. Written permission is necessary to reprint any material herein. Published at no cost to the U.S. Government. The deadline for all copy to the editor (SMC# 2330) is the last day of the month prior to the month of publication.
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A Note from the Editor



"Time never stands still. You'd better get busy," I can still hear Grandma saying. Whether she was reminding me to finish my homework, do my chores or to clean those tall windows with that awful vinegar and water solution. She knew I hated to hear her remind me but she always had a smile on her face hidden behind her handkerchief as she pretended to wipe her face. So I only replied, "Oh, Grandma! I'm getting to it!" I have heard that, or something similar over and over from the special people in my life - Grandma Watkins, Mom, Dad, Teach-

ers, and Husband. With a hidden smile, I have even said it to my students. Now another *Classmate* issue is complete and I am sitting here in front of the PowerBook hearing those words echoing inside my head. Funny isn't it, how we can use time to suspend ourselves from responsibilities. I guess I should be writing something to inspire you to read further, but I find myself instead remembering people who have had a great influence in my "character development." The older I become the more people I allow to help me grow in some way. I guess the events of this past September have left me wondering how I could give a little more of my time to make some contribution toward humanity. Maybe there will be more of us volunteering for organizations who need our talents and time.

Every two or three years, military life gives most spouses a chance to build a new "character." We have been here for eighteen months now and time has not stood still and I am not sure I have been busy enough. We have made our list of things we have not done. Things, we just have to do before we leave. I have volunteered my time for *The Classmate*. We have spent time together as husband and wife getting to know each other again. After fast attack submarine deployments and a baby, we have discovered we do still like each other. The time available for family life at NPS is wonderful and those of you who are just arriving will never forget the lifestyle you have here. It's a slow paced 1950's time warp. Our spouses, dressed in suits, leave in the morning for "work" and return in the afternoon. It's the Ward Cleaver atmosphere! Enjoy every moment.

The Classmate staff is changing with the end of another quarter and we will miss these people very much. Good-bye and thanks to Susan Holcomb, *Classmate* Advisor; Paige Curran, Billing Director; Michelle Fogglin, Advertising Sales and D'Andrea Wooten, Writer. We wish them good luck at their new duty stations. Their time spent with *The Classmate* enhanced our ability to produce an informative magazine. We now welcome Linda Gallagher, our new Advisor; Robin

Classmate Staff

Editor

Brenda Dorman 899-9174
SMC 2330
brendor1@aol.com

Advisor

Linda Gallagher 375-9118

Assistant Editor

Amy Esquivel 899-3996
Terah McConvey 658-0517

Writers

Desiree Calderon-Smith 899-7633
Drew Jernigan 643-1824
Beth A. Lewis 583-0927
Lia Matthews 394-2350
D'Andrea Wooten 646-9656

Advertising Sales

Anitra Glover 394-6324

Billing Director

Robin Kennedy 646-8588


Production Manager

Cindy Harvey 648-9266
kanani119@aol.com

Kennedy, Billing; Anitra Glover, Advertising; Terah McConvey, Assistant Editor and Beth Lewis, Writer.

"Ordinary people merely think how they shall spend their time; a person of talent tries to use it." (Arthur Schopenhauer)

Brenda Dorman




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- ✿ Lingerie
- ✿ Bathing Suits
- ✿ Casual and Professional Attire

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OSSC President's Note

Hello everyone, I would like to take this opportunity to introduce myself. My name is Debbie Smith and I am the newly elected president of the OSSC. The OSSC recently held its elections for the Fall/Winter Executive Board, as well as welcoming its newest Honorary Member, Mrs. Linda Gallagher. The Executive Board is comprised of the following members: The Honorary President, Mr. Jerry Evans; the two board advisors, Mrs. Linda Gallagher and Mrs. Phyllis Grahman. The other elected board members are First Vice President, Brittney Borbash; Second Vice President, Laurie Rogers; Corresponding Secretary, Karen Damm; Recording Secretary, Jennifer Ward; and last but not least the Treasurer, Laurie Payne. On behalf of all of us, we look forward to being YOUR Executive Board for the next 6 months.

I would like to welcome all of you that are new to the Monterey area and the OSSC. I would also like to extend an invitation to all of the student spouses to attend the next members' meeting on October 6, 1997, and decide if you would like to become a part of our organization. To quote the Constitution and Bylaws of the OSSC: The purpose of the OSSC shall be to encourage friendly association among members: to provide services, charitable assistance and support causes sponsored by the military and the community, and to promote social, cultural, community, and recreational activities. Our membership thrives on friendship and volunteerism to promote the purpose quoted. Speaking for myself, my 13 years of volunteering within military sponsored organizations, I have found it to be a wonderful opportunity to form lasting friendships and feel a sense of accomplishment, which I believe we all need. If you look at a recent copy of "The Pink Flyer" you will see just how many volunteers this organization needs to enable us the opportunity to help, explore and enjoy Monterey and the surrounding communities.

The OSSC has a number of activities to offer throughout the year. The first being the above mentioned members' meeting on Monday, October 6 at 7:00 p.m. in the La Novia Room at Herrmann Hall. On Saturday, October 24th is the 222nd Navy Birthday Ball at 6:30 p.m. in Herrmann Hall. At 10:00 a.m. on Saturday, October 25th is the Children's Halloween Parade followed by the La Mesa PTA Fall Festival at La Mesa Elementary School. On Saturday, November 1st from 10:00 a.m. to 3:00 p.m. is the Christmas Craft Bazaar held at Herrmann Hall. Then on Monday, November 3rd at 7:00 p.m. is the members' meeting in the La Novia Room. The OSSC Board and I look forward to seeing and hearing from the membership during the next six months.

The Fall/Winter OSSC Board would like to thank the outgoing OSSC Board for all of their time and effort during the last six months. We hope that it was a rewarding experience for each and every one of you and wish you well in the future. We also thank you for leaving us with an agenda to follow and build upon.

Thanks For Reading,
Debbie Smith



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OSSC Events and Announcements

GOURMET CLUB

Come and join the Gourmet Club on Monday, October 13, for an evening of food, fun and NFL Football. We will meet at 6 p.m. at the La Mesa Community Center to watch the Dallas Cowboys play the Washington Redskins on the big screen TV. Make your spiciest nachos or your best snack mix and join the fun.

We will meet again on Monday, November 10, at 6:30 p.m. for a special Thanksgiving Dinner. Make your favorite holiday dish and join the fun.

The dish voted the best by all present each evening will win a cookbook! If you have any questions, please call Cindy Harvey at 648-9266.

SANTA'S KITCHEN



Santa's Kitchen at the OSSC Holiday Craft Bazaar is looking for volunteers to donate baked goods, as well as people to work shifts selling the day of the bazaar. Working at Santa's Kitchen is tons of fun if you can stand the temptation! Sign-up with a friend and spend an hour

or so meeting new folks. Sign-up to help at the next OSSC meeting or call Tami Roick at 642-9232 or Robin Kennedy at 646-8588.

NAVY BIRTHDAY BALL

Plan now to attend the 222nd Navy Birthday Ball in the Naval Postgraduate School's Barbara McNitt Ballroom on Friday, October 24, 1997.

This formal event will begin at 6:30 p.m. with cocktails and hors d'oeuvres served on the Herrmann Hall Quarterdeck. Opening ceremonies will begin at 7:45 p.m. Dinner will feature Beef Tenderloin or Halibut and California wines. Following dinner, entertainment and dancing are scheduled through 11:30 p.m. Photographers will be on hand during cocktail hour.



All active duty and former military personnel, NPS faculty and DOD employees are welcome to attend. Dress will be dinner dress white jacket or equivalent (LT and below may wear dinner dress whites with miniature medals), black tie for civilians.

Tickets are \$70.00 per couple (\$35.00 for individual) for E-7 and above. For E-6 and below, tickets are \$50.00 a couple (\$25.00 for individual). Ticket sales will be held at the NPS academic Quadrangle from 11 a.m. to 1 p.m. on October 2, 8, 14 and 16. OSSC members can purchase tickets at the General meeting on October 6.

If you have any questions, please contact Shannon Harrison at 393-9735 or Lisa Smith at 899-8447.

OSSC Membership Application

The Officer Students' Spouses' Club of the Naval Postgraduate School is for the spouses of all students. In addition to sponsoring monthly activities, OSSC also sponsors a tour of one of the historic adobe homes in Monterey, an International Student Tea and many holiday events. Dues collected entitle members to discounts, the monthly newsletter, the Pink Flyer, and the OSSC directory.

To become a member, fill out the form below and send it with a check made payable to OSSC to SMC#1126. If you have any questions, please call Leslie Masten at 644-9840.

1 year (4 quarters) \$15, 18 months (6 quarters) \$20.00, 2 or more years (8 quarters plus) \$25. This is a one time fee. Membership is free to international spouses.

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Spouse's Name _____ Rank _____ Service _____ Curriculum _____
Graduation (month/year) _____ Address _____
City _____ Zip Code _____ Birthday _____
Length of Membership _____ Amount Enclosed _____ Are you interested in committee work? _____ Volunteering? _____
Would you like to participate in our club administration? _____
Would you like a copy of the OSSC By-Laws? _____
Do you wish to have your spouse's name, service, address & phone number in the OSSC Directory? _____

SANTA CLAUS IS COMING TO TOWN

Santa will be visiting homes in La Mesa and Ft. Ord on December 8, 9, 10 and 11. For a fee of \$5 for OSSC members and \$7 for nonmembers, Santa and an elf will visit your home, deliver a present you provide and be there for all the photo opportunities. Registration forms are available in the current pink flyer or by calling Tina Walker at 899-0506.



LA MESA BARGAIN FAIR

Saturday, December 6, 1997 from 10 a.m.-12 p.m. at the La Mesa School. Over 120 sellers. Volunteers are needed! Volunteer just one hour of your time and get in early to shop! ***The Bargain Fair is open to ALL military, staff and faculty of NPS, Ft Ord, FNMOC and DLI.*** Registration forms are available at the La Mesa Convenience Store, by the SMC boxes at NPS, around Ft Ord, and outside Root Hall Rm 228 at NPS. For more information, call Sarah Hager at 646-1657 or Julie Bolton at 648-8352. **Registration deadline is November 28th.**

HOLIDAY CRAFT BAZAAR



There are only 82 shopping days left until Christmas and the best place to shop will be the OSSC Holiday Craft Bazaar. Come and join us on Saturday, November 1, from 10 a.m. to 3 p.m. in the Barbara McNitt Ballroom in Herrmann Hall. We will have more than 70 vendors and lots to choose from.

The Bazaar offers one stop gift shopping and holiday decor shopping that can't be matched! Santa's Kitchen will be stocked full of baked goodies and lunch will be available for purchase. The bazaar is open to the public and there is no admission fee. For more information, call Robin Kennedy at 646-8588 or Tami Roick at 642-9232.

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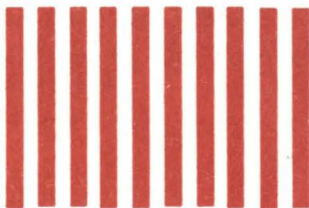
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Are you tired of students knocking on your door trying to sell you things? The La Mesa PTA is starting a new program that won't cost you a dime. We are selling SCRIP. SCRIP is gift certificates for major stores that the PTA purchases at a discount and sells to you at face value. Here's an example:

Your niece is having a birthday very soon and you have no idea what to get the child who has everything. Plus, you have to mail it half way across the country. The easiest thing for you to do would be to buy her Geoffrey Dollars from Toys R Us. But, that requires a trip to Salinas or Santa Cruz. Save yourself some time and some money (for postage and gas.) Just drop by La Mesa School and buy SCRIP from a PTA representative there. You can buy Geoffrey Dollars in \$10 increments and you have helped raise money for the La Mesa PTA. In addition, school kids haven't come knocking at your door.

The PTA keeps scrip on hand for several local restaurants, as well as, Costco and Macy's. It's really too numerous to mention. You can buy SCRIP on Monday, Wednesday and Friday mornings from 7:50 a.m. to 8:25 a.m. and Tuesday and Thursday afternoons from 2:15 p.m. to 3:05 p.m. If you would like more information, call Robin Kennedy at 646-8588.

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OSSC Arts and Crafts Nights: Something For Everyone!

OSSC Arts and Crafts Nights are opportunities to learn something creative and new from our friends and fellow OSSC members. We have so many talents in this community; sharing and enjoying those talents and skills is a wonderful way to learn more about each other! "Hands-on" participation for most events would require materials we all have around the house, (paper, fabric, glue etc.) Just watching is a great way to learn, too.

This Autumn is very busy with some fantastic new "classes." Please take a look at our upcoming events.....and RSVP soon for any that you would like to attend, as space is limited in some of these!

QUILTED CHRISTMAS ORNAMENTS

On Thursday, October 2, 1997, we will be learning a no-sew technique for beautiful quilted Christmas balls. Tashera Hickox has generously offered to lead a demonstration to teach this craft. For "hands on" participation, we will each need to bring a small amount of fabric and a Styrofoam ball to work with during the class. This will be a wonderful way to begin the Christmas season a little early with handmade ornaments to enjoy and give to others! This class will be held in the non-carpeted side of the La Mesa Community Center from 7:00 p.m. to 9:00 p.m. For more information and to reserve a place, please call Tanya Borchert at 646-9321.

KNITTING II

The second class in our very own "Knitting Series" will be held Wednesday, October 15, 1997 in the La Mesa Community Center! Joan Yu will be teaching us about combining different knitting stitches, (specifically knit and pearl),



and how we can achieve various patterns and textures in doing this. As always, there will be lots of good tips, ideas and inspiration, so bring your needles, yarn and notebooks!! Class time will be from 7:00 p.m. to 9:00 p.m. Please RSVP to Tanya Borchert at 646-9321.

BASKET WEAVING

In response to many requests from OSSC members, a Basket Weaving demonstration and class has been scheduled for Tuesday, November 4, 1997! Drew Jernigan has been weaving for many years and won a blue ribbon at the Monterey County Fair in August of this year! Basket Weaving is a traditional American craft enjoyed by many people, and this is a great opportunity Drew has given us to learn more

about this part of American culture, while learning weaving basics.

Those who wish will also have the opportunity to make a small basket. Please reserve a space soon, as this class requires specific materials and will need to be limited in size. RSVP to Tanya at 646-9321.



Do you have an art or craft that you would like to share with our group? We are always looking for crafters to do demonstrations. We are looking for ideas that are economical and can be taught in under two hours. If you have a suggestion or would like to volunteer to teach us, please call Tanya at 646-9321.

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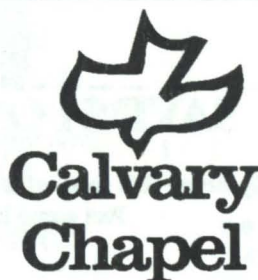


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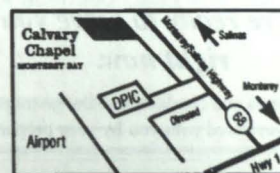
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Eagle's Eye Gallery

Jeanne Ocker is "Artist of the Month" for November at the Eagle's Eye Gallery. Her

paintings will include local scenes of the Monterey Peninsula as well as some florals. One of her paintings 'Life Goes On' won 3rd Prize at the Monterey County Fair this year. Jeanne is one of the Charter

Members of the Eagle's Eye Gallery and remembers when the gallery was located on the fifth floor of Herrmann Hall over 20 years ago. She occasionally gave watercolor lessons to young NPS wives who were interested in art and had joined the gallery. Later, when their husbands were transferred to another base, they had learned enough about running a cooperative gallery that they

could start one of their own at their next duty station.



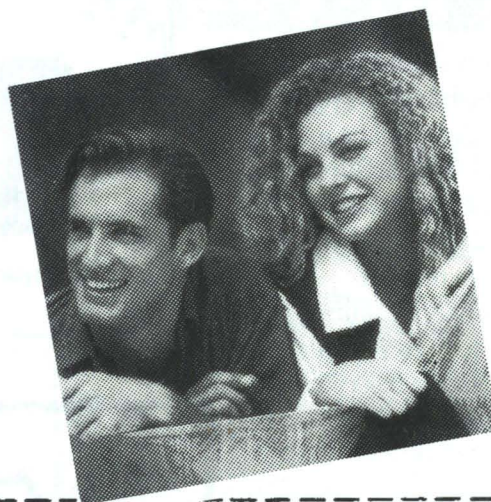
"Lifting Fog on Pt. Lobos" by Jeanne Ocker

If you are interested in taking a watercolor lesson from Jeanne come into the Eagle's Eye Gallery and leave your name and telephone number.

Jeanne is not the only one to win an award, another one of our Artists', Shirley

Wereszynski, won Honorable Mention for her innovative rendition of "Imperial Rose". Really lovely! So do come in and enjoy talking to the Artists. Right now they are accepting new artists and will be glad to give you an application form if you are interested

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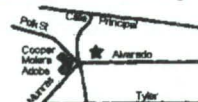
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Halloween Safety Tips

Where has the time gone? It seems that on one morning the day dawns quietly, with just birds awake in the cool morning air, and then suddenly, the morning air is filled with the shrills and shrieks of children heading for school. Labor Day has passed, a signal that summer is officially over (ladies, did you remember to pack away your white skirts, pants, etc., and put away your straw bags?) Although we are experiencing an Indian Summer right now, the air will quickly turn cool. Fall is approaching, and with the changing leaves and Autumn harvest will come Halloween. Just as they did last year, the Naval Postgraduate School Police Department and the NPS Occupational Safety and Health Department are working together to ensure that all of your little ghosts and goblins have a safe and happy Trick-or-Treat.

The standard hours for trick or treating in La Mesa are 5:00 p.m. to 8:30 p.m. There will be extra police officers on duty to help keep all of the participants safe. Adults should accompany any youngster under the age of eight. Make sure you carry a flashlight so you can see and be seen after dark. Houses that are well lit spell C-A-N-D-Y. Houses that are dark should be skipped. They have chosen not to participate or have run out of candy. **Never** accept candy from people on foot or in cars.

One of the most important Halloween safety areas for parents to be aware of is their child's costume. Whether your child has chosen to be Batman, a ghost or a fairy princess, make sure that he or she can enjoy the evening and be safe. Ensure that the costume is not too long, and for little girls wearing dresses, make sure they know how to navigate curbs and steps without tripping over the hem.

If a costume requires a mask, make sure the elastic is secure. A child can be injured if the elastic snaps or breaks. Also make sure that their vision is not impaired in any way. If the child can not see properly, the mask needs to be modified in order for the wearer to have a safe evening. Nasal and mouth openings should also be inspected to make sure the child can breath and

speak with ease and comfort.

When it comes to crossing the street, parents and children should look both ways. Parents may want to put reflective tape on the back of costumes to alert oncoming and passing vehicles to the presence of trick-or-treaters.

Walk, do not run, play or stop to admire a friend's costume while standing in the street. Being alert and cautious is the best way to prevent an accident.

After receiving a Halloween treat, children should be encouraged to say "thank you" even if it is something they do not like. Remind them to be polite to other children and wait their turn while waiting for candy. Candy that is wrapped is the only type of treat that should be kept. Children should never eat any of their candy until their parents have inspected it. If the wrapper has been opened, tampered with or punctured, discard it immediately.

Fruit, popcorn balls and

homemade items should never be eaten. Even though intentions may be good, they are not acceptable as safe Halloween candy. (When I was little, a lady in my neighborhood gave out peanut butter sandwiches. I have a pretty good idea where my Mom put those.)

Most of all on Halloween, just be aware. Obey all usual safety rules, and it will be a safe and fun evening for everyone participating. Any strange or unusual activity should be reported to the Naval Postgraduate School Police at 656-2555.

Happy Halloween to all, and to all a good fright!

D'Andrea Wooten



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Are you getting the most from your Achilles Tendon?

A recent article in "Running Research News" awakened my interest in stretching the achilles tendon. Researchers at the Laboratory for Functional Anatomy and Biomechanics at the University of Copenhagen recently identified two key anatomical factors which can account for differences in "economy" between runners. You know, "economy", the term used to describe output as a function of input. It seems that the achilles tendon, acting as a strong rubber band, can save significant amounts of energy that would otherwise be used by the calf muscles. The best configuration was found to be "long and slim" rather than "short and thick". "So what are we to do if we have short and thick? Are we doomed by our genetic programming? The article doesn't specifically answer this question but implies the obvious: we are all genetically blessed (or handicapped) in many ways, including the shape of our achilles tendon. Here are the recommended ways to maximize what we have.



(1) Run uphill, which puts tremendous stretch and pressure on the tendon because each footfall allows the heel to descend to a level lower than the rest of the foot and dramatically elongates the tendon.

(2) Run on soft dirt or sand.

(3) Finally, stretch them carefully but thoroughly after your workouts when the achilles tendons are warm and distensible.

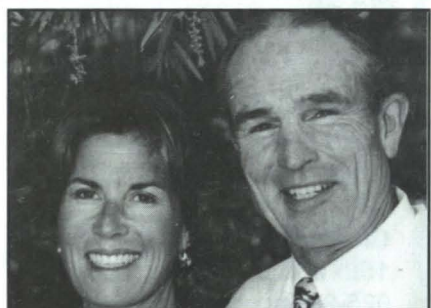
I must end with a caution; these recommendations assume that you have trouble-free achilles tendons. If you have achilles tendonitis do not do "(1) and (2)" above. If you are inclined to have achilles tendonitis be cautious with these recommendations and learn about "friction massage" and "myofascial release" to control the problem. Dr Jay [408] 375-5117

About Dr Jay Cook:

Dr Jay is a member of the NPS gym "morning crowd". Educated at West Point, and (much) later at Palmer-West Chiropractic College, he became passionately interested in health when he took up running. As the Army's age group champion he ran 26.2 miles in 2 hours, 35 minutes and became fascinated with the process. He studied what good runners eat and wear, how they swing their arms, plant their feet, lift their knees,...sleep.

Dr. Jay now has a active practice with his wife, Karen, who is a licensed acupuncturist, in Monterey at 1000 Eighth Street. He treats patients with all types of neck, back, and extremity discomforts and pain....but he still makes time for running. Saturday patients have to wait until 10:30 a.m. so he can meet other local running addicts to do the weekly "long one". The group "steps off" at 7:15 a.m. at the Carmel beach parking lot at the foot of Ocean Avenue. Distances vary from 10 to 20 miles and speeds from 6 to 10 minutes per mile. All interested runners are invited to join the group. "It's not a club, there are no dues, and anyone with a sense of humor is welcome".

Jay C. Cook, D.C.



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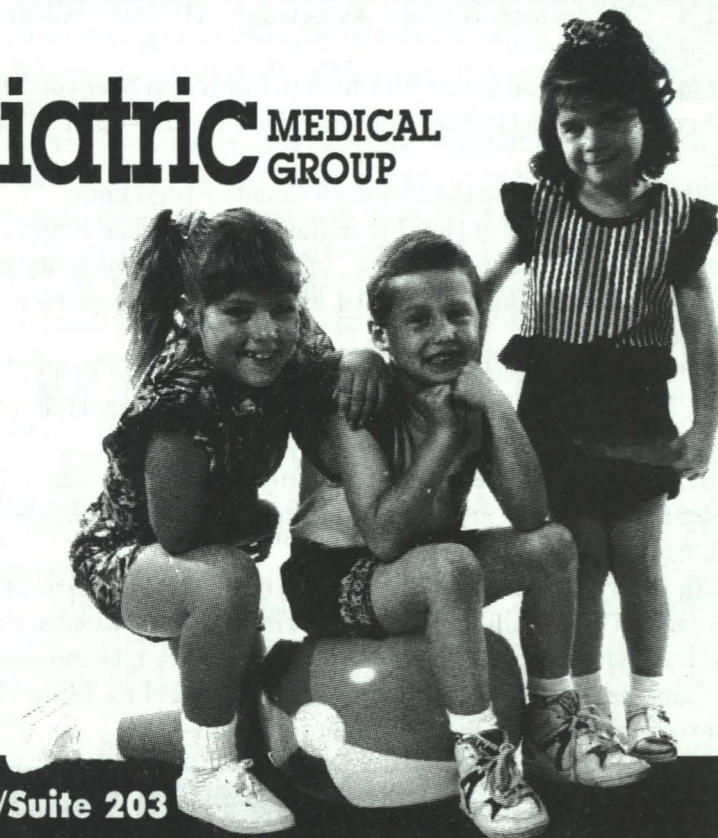
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Arts, Crafts & Holiday Fun

Looking for a fun place to find the great pumpkin, quality hand-crafted holiday items, or just the perfect place to spend some time with the family? Here's a list of area harvest fests, arts & crafts fairs, and other holiday fun to get you started.

Oct. 4th - Harvest Festival & Craft Fair, 10a.m.-4p.m. at Good Shepherd Catholic School, 2727 Mattison Lane, in Santa Cruz. Located off Soquel Ave. near the flea market/drive-in. In addition to crafts, there will be food, music & entertainment, a pumpkin patch, a pie-eating contest, pumpkin races, scarecrow relays, games & prizes.

Oct. 10th-12th - Octoberfest at the Carmel Carpenter House. Features a concert, various seminars and a poetry walk.

Oct. 11th - Antiques and Collectibles Show at the Monterey County Fairgrounds from 7a.m.-5p.m.

Oct. 11th - Crafter's Demo Day at Handcrafters Showcase in Watsonville. Take Hwy. 1 to the Green Valley Rd. exit. Turn right. It is located down the street on the right in the Nob Hill Shopping Center.

Oct. 11th-12th - Old Monterey Business Association's Historic Festival and Faire at the Custom House Plaza in Monterey from 10a.m.-5p.m.

Oct. 15th-16th - 30th Annual Circle for Children Festival in Sherwood Hall in Salinas.

Oct. 18th - Annual Mayor's Holiday Craft Fair from 10 a.m.-4 p.m. in the General Stillwell Community Center at the POM Annex.

Oct. 18th-19th - Home Show at the Monterey County Fairgrounds.

Oct. 18th-19th - Pumpkinfest at Half Moon Bay. Historic Main Street will be closed to make room for arts & crafts booths, plenty of food, wine & beer tasting. In addition, throughout the month all of the local nurseries in Half Moon Bay will feature pick your own pumpkin patches, as well as flowers, crafts and wreaths. Some even offer pony rides, hay rack rides and haunted houses.

Oct. 25th - Junior League's Next to New Sale at the Monterey County Fairgrounds.

Oct. 25th - St. Mary's Guild Holiday Bazaar from 10a.m.-4p.m. at St. Mary's By-The-Sea Episcopal Church at Central Ave. and 12th streets in Pacific Grove.

Oct. 26th - Barnyard Harvest Festival at the Barnyard Shopping Center in Carmel from 12-4p.m. The festival features hayrides, a petting zoo, music, jugglers, face painters, clowns, a costume contest, and the merchants will be open for trick or treating all day.

Oct. 27th-28th - Harvest Fest at the Big Sur River Inn. Features German food, crafts, wine tasting and entertainment.

Oct. 31st - Roaring Camp Railroad Halloween Train Ride. Located at Felton in the Santa Cruz mountains, the evening train ride features a spooktacular play presented up and down the mountain along the ride. There is a refreshment stand, but Roaring Camp has plenty of wide open spaces to come early, bring a blanket and enjoy a picnic dinner. For departure times and fare information, call the railroad at (408) 335-4484.



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Oct. 31st-Nov. 2nd - American Indian Arts & Crafts Show at the Monterey County Fairgrounds.

Nov. 1st - OSSC Christmas Craft Bazaar in the Barbara McNitt Ballroom in Herman Hall here at the Naval Postgraduate School from 10a.m.-3p.m.

Nov. 8th - Crafter's Demo Day at Handcrafters Showcase in Watsonville.

Nov. 14th-15th - Christmas Arts & Crafts Show at the Wheeler Community Center in Gilroy. Hours are from 3-9p.m. on the 14th and 10a.m.-4p.m. on the 15th. There is a 50¢ admission charge.

Nov. 14th-16th - National Country Folk Art Show & Sale in Pleasanton, CA. Open Friday from 5-9p.m., Saturday 10a.m.-5p.m. and Sunday 10a.m.-4p.m.

Nov. 22nd - 27th Annual Homecrafters Marketplace from 10a.m.-4p.m. at the Sunset Center in Carmel. (San Carlos & Ninth streets) Features over 300 local artists and craftspeople.

Nov. 28th-30th - Monterey Bay Arts & Crafts Holiday Gift Faire at the Custom House Plaza in Monterey.

Dec. 5th-6th - Arts and Crafts Show at the Santa Cruz County Fairgrounds in Watsonville.

Dec. 6th - 18th Annual Christmas Bazaar in Marina.

Dec. 7th - Holiday Arts & Crafts Fair at the Monterey Sports Center from 10a.m.-4p.m.

Amy Esquivel

Craft Fairs on the Net

At this time of year, crafts fairs burst into bloom. One site, Festival Network Online (<http://www.festivalnet.com>), is an Internet guide to Crafts, Music, and other festivals throughout the US. While a sample list is available on the Web to everyone, members are able to download the entire quarterly publication. Annual memberships through the site are \$39.00.

If you are looking for an easy way to find a product for sale, to find additional crafts galleries, look at the newsgroup (rec.crafts.marketplace). Here you will find everything from notices from galleries looking for crafters, to individuals selling crafts, equipment or supplies and even new craft gallery sites. It's a wonderful place to start your search.

Neighbors and friends (http://www.craft.com/craft/nbr_frnd), the Web site for Professional Crafter's Market Guide, has extensive listings of craft malls and shows, along with news, links and show updates. You can even subscribe to its magazine free through the site.

The Arts and Crafts Mall (<http://www.artcraftmall.com>) is an online outlet for crafters. The site is divided into categories such as woodworking, and kits. Online ordering is available through the mall. This site also has listings of craft associations, tips, links, and a classified section.

The Biggest Little Craft Mall (<http://www.craftmall.com>) also has a great classified section. Here, suppliers, as well as, crafters can market their wares. You don't even have to have an email address to participate. Some ads had email links, some had WWW links, and some had neither.

Crafts Galore (<http://www.massachu-setts.net/nozzle/crafts>) is typical of sites where a page can be listed. This site is an extensive list of crafts sites including individual crafters, malls, suppliers, and information sites.

As the Internet becomes a more popular shopping destination, expect even more online craft galleries. By regularly checking a search engine, you'll find the newest and best outlets for crafters' work.

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"Planting" Ahead for Spring



In most parts of the country, the arrival of fall is something you just cannot miss - the nights get longer, there's a chill in the air and the reds, oranges, and yellows of the changing foliage are breathtaking to say the least. I miss home particularly this time of year. Life does not get any better than sipping a cup of hot chocolate at an evening football game, or raking the leaves in the yard into a great big pile so all can have their turn jumping in. Unfortunately, fall's arrival is not quite as grand here in Monterey, most of our seasons blend so that it's hard to differentiate one season from the next. However, avid gardeners know that if you like the look of such flowers as tulips, lilies, crocus, hyacinths, irises and daffodils in March and April, now is the time to plant these bulbs for flowering in the spring.

Most garden centers and nurseries begin bringing out their bulbs around the end of summer, so for the best selection now is definitely the time to buy them. When buying bulbs, you generally want to buy the largest of each variety. The larger bulb is going to be one of the oldest bulbs, which indicates that it has stored the most food inside the bulb and is more likely to bloom. You must make sure that the bulb is firm with no soft spots and make sure that nothing has yet started to sprout from the bulb. Some bulbs, such as tulips, need a chilling factor. Since we do not get that much of a winter here, you will need to "trick" the bulbs into thinking that we do. You do this by storing the bulbs in a paper bag and placing them in the crisper of the refrigerator during the months that it would normally be frozen outside. Then when you plant them, you will have a better chance of blooming tulips.

Those pesky little moles and gophers like to eat bulbs as well, so if you plan to plant them in the ground, you will need to remove about 10 inches of soil and lay down a large mesh wire screening. Refill with the soil and it should keep your bulbs from becoming a meal for the little varmints. The best solution is to just plant them in pots and containers. That way once they have bloomed, you can move the container to another location while you allow the unsightly foliage to die back. It is important that you let the foliage naturally die back and do not cut it. The dying foliage sends its nutrients and energy as food back into the bulb, which keeps the bulb healthy and more likely to bloom again the next year. Once the foliage has died, leave them in the pot until next year. Consider planting some colorful perennials above or around them. If you have planted them in the ground, dig



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them up and store in a cool, dark place until next year to prevent them from being damaged or eaten.

When planting, most bulbs need to be planted about twice as deep as the width of the bulb. Once you have dug your hole, you might want to sprinkle an organic all purpose fertilizer mix. However, you do not want your bulb to touch any fertilizer directly. Make sure that you cover the fertilizer with some soil before planting the bulb. Plant the bulbs with the pointed tip up. After planting, water immediately, then maybe every couple of weeks or so until they start to bloom, at which time you may need to water them more frequently.

One of my favorite flowering bulbs, is Ranunculus, also known as Persian Buttercup. The bulb is actually a funny looking tuber. Soak the tuber in warm water 2-3 hours before planting, then plant the tuber prong side down 2 inches deep and 6-8 inches

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"Planting" Ahead for Spring



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them up and store in a cool, dark place until next year to prevent them from being damaged or eaten.

When planting, most bulbs need to be planted about twice as deep as the width of the bulb. Once you have dug your hole, you might want to sprinkle an organic all purpose fertilizer mix. However, you do not want your bulb to touch any fertilizer directly. Make sure that you cover the fertilizer with some soil before planting the bulb. Plant the bulbs with the pointed tip up. After planting, water immediately, then maybe every couple of weeks or so until they start to bloom, at which time you may need to water them more frequently.

One of my favorite flowering bulbs, is Ranunculus, also known as Persian Buttercup. The bulb is actually a funny looking tuber. Soak the tuber in warm water 2-3 hours before planting, then plant the tuber prong side down 2 inches deep and 6-8 inches apart. Water after planting, but not again until growth begins. These will flower in early spring, but will start to fade as the temperature warms. They make excellent long lasting cut flowers that tend to remind me of a rose, although they do not have much of a scent. If you continue to cut the blooms, it will encourage more blooms. After it's finished blooming, stop watering and allow the foliage to die back. Dig up the tubers and store in a cool, dry place or they will rot. They come in almost every color except blue, and look great massed together in a bed.

With a little planning and work now, you can have some stunning flowers in the coming early spring. With the tulips, hyacinths and daffodils in bloom all around, you will definitely know that spring has arrived on the Monterey Peninsula.

Amy Esquivel

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Furniture and Storage Tips

The items in your home that most reflect and announce the style and atmosphere you are trying to project in your home are your furniture pieces. Always take great care in selecting the major pieces in your home such as: bedroom suites, dining room furniture and living room furniture. It's hard to create a traditional, elegant feel to your home if your furniture would be best described as "Early American Orange Crate!" (However, if country is the look you are going for, orange crates are perfect.)

I have a personal cardinal furniture rule that I try very hard not to break: never buy a major piece of furniture unless it fits the three following criteria:

1. It goes perfectly with your other pieces and reflects your style. A bargain isn't a bargain if it doesn't add to the unity of your home.

2. You absolutely love it. (Don't buy a piece if something about it isn't quite right: the leg style is wrong, the color is not quite right, it isn't your favorite type of wood or fabric, the cushions aren't exactly what you wanted—you'll always regret it!)

3. It is the best quality you can afford. For me this meant that I ate on a card table for the first 3 1/2 years I was married because I was holding out for a lifetime table and chair set. The truth about buying furniture is that once you've got it, it becomes a very low priority to replace because of all of the other expenses you have. How many of you are, years later, still sitting on those old sofas you said you'd buy "just for now—we'll upgrade later!"

You will usually pay a little more for quality but the items should last longer. In your travels you'll find all sorts of wonderful bargains and finds. Always make sure you buy quality though.

Many people have furniture that was given to them by family or other well meaning folks. You need to evaluate it and if it doesn't fit your style, pass it on or sell it. Don't let your Dad's old college dorm room coffee table he gave to you dictate your style now.

When I say quality, what do I mean?

1. Sturdy fabric or material that is appropriate for the use of the item.

2. Solid wood or wood veneer as opposed to laminate. Sometimes you can't avoid laminate though or you may decide to buy something that is a lesser quality because of necessity.

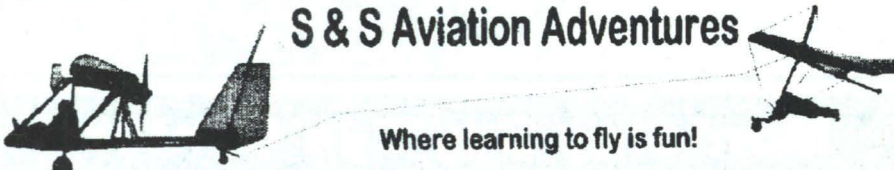
Solid construction: 8-way hand tied springs on sofas or dovetail joints on dresser drawers.

Ask your furniture dealer to give you all of the details about a piece before you buy it.

A few more furniture tips are:

1. Always measure your space and the piece you are thinking about buying for that space—nothing's worse than falling in love with a table only to discover that it won't fit in your dining room with all of the chairs around it!

One good way to see how your furniture will look without actually moving it is to get 1/4" graph paper and draw out a "to scale" floorplan of your room or whole house (1/4" = 1 foot). Make sure you note any openings like windows and doors. Then, draw your furniture to scale and cut the pieces out. You can then move them all over the page to see where you want



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to put things.

2. Pull some pieces away from the wall. Lining your furniture up against the wall can make it look like you are planning to have a square-dance in your living room. To make the room less rigid, experiment with angling your furniture.

3. Look at your furniture. Are all of your pieces on legs, looking as if they might suddenly march right out of the room? Try to vary your ratio of "legs" (high backed chairs, tables) to "no legs" pieces (sofas, cedar chests).

4. You should not be afraid to use pieces in different ways in different houses. Paint an old bedroom dresser green and use it in your dining room for placemat storage! A piece that is serving a use other than its intended one adds style and interest to a room. Try to pick versatile pieces and pieces that can be used for storage. In these little quarters, you always need all of the storage space you can get!

Speaking of storage. Here are a few brief ideas for maximizing your space in base housing and other "not exactly a mansion" type places in which you may find yourself living:

1. Use a beautiful trunk as a coffee table and keep your winter clothes in it.

2. Use a toybox/bench in your foyer or for toy storage.

3. Put your bed on bricks and store all sorts of items under it.

4. Take advantage of closet space by using nonpermanent closet aids like double bars, shoe racks, plastic tubs, 4-in-1 pants hangers. Also, be sure to use the space all the way to the ceiling.

5. Check to see if there is some space under your skirted sofa. Store your ironing board, electric keyboard, table pads or leaves and other flat objects here.

6. Use baskets, hat boxes, pretty vegetable crates or other decorative holders to contain clutter. Keep your remote, magazines, toys, cassette tapes and all other clutter in them. At least it looks more organized!

7. Put your TV in a cabinet or armoire that has extra storage space.

8. Be a master of camouflage: use those beautiful screens you bought in Okinawa. I hung up a king sized sheet with cafe clips to hide the washer and dryer that some base housing designer decided would look fine in my kitchen!

Sometimes the sad truth is that in these homes we just don't have enough space. There are a few things you can keep in mind, however, to create the "appearance" of space:

1. Allow the eye and body to travel freely beyond the immediate space through uncluttered openings into other spaces and the outdoors.

2. Place large pieces of furniture near walls so that they do not interrupt the open space by dividing it into smaller segments.

3. Use small scale furniture, textures and patterns.

4. Limit your number of furnishings and accessories—de-clutter!

5. Leave some empty space in the room—between furniture or on walls.

6. Expose as much floor space as possible by choosing furniture that sits up off the floor on legs or by using transparent materials like glass.

My personal favorite—become a house of mirrors! Mirrors always add to the illusion that your room is bigger than it is.

Select light colors.

As you design your home interior, remember to ensure that all of your furniture purchases and storage solutions reflect your personal style.

Drew Jernigan

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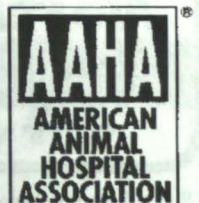


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Is Hermann Hall Haunted, Or Is It Just an "Old" Hotel?

In December of 1942, the Del Monte Hotel was converted into a pre-flight training facility. The Hotel, with adjoining acres, is now known as the Naval Postgraduate School since it was transferred from Annapolis to Monterey in 1951.

The Del Monte Hotel was more than just an old hotel. In June of 1880, the Del Monte Hotel was built at a cost of \$1,000,000 in just 100 days. It was called "The most Elegant Seaside Establishment in the World". At that time, the Hotel grounds included the area we know as Pebble Beach. On April 1, 1887, the entire Hotel burned down and left ashes. No guests were lost in the fire, however one fireman was never found.

A larger Hotel was built and it reopened in 1888. It was also named the Del Monte Hotel and included the first golf course in California, the first polo field, and the first race track. Unfortunately, on September 27, 1924, the Hotel burned again, but this time the east and west wings of the Hotel were saved. These two wings of the Hotel are still standing today.

On May 8, 1926, the Hotel reopened as a structure able to withstand fire and earthquakes. It is still standing today as Herrmann Hall. The Hotel was damaged in the San Francisco earthquake of 1906. A newly married couple from Salt Lake City was honeymooning at the Hotel and were killed by a falling chimney.

In the past years, many have reported "sightings" or "experiences" that have happened at the Hotel. Many are well documented in Randall A. Reinstedt's book, *Incredible Ghosts of old Monterey's Hotel Del Monte*, written in 1980. In this book, "the man in gray" is reported as being seen by many of the Hotel's employees. He is described as a man with a beard, dressed in a gray suit. He has been seen in service elevators, in the La Novia room, in the Ballroom and at the Dental Clinic. Other stories include doors opening and closing by themselves, lights flickering and faucets turning on without anyone near them. Some believed the ghost could be the missing fireman, or the spirits of the couples who died in the earthquake. Others think it is the ghost of David Jacks. He owned most of the land on the Peninsula and in the 1870's sold the land where the Hotel was built. It has been reported that he regretted selling the land after realizing how profitable the land was.

Today, many sightings and unexplainable events continue to be reported. Gloria White has worked as an education technician at the Naval Postgraduate School for about 26 years. She said that at times she has felt a presence in her office as if someone was there. She would say "one moment please", only to look up and find no one there.

She also described that she felt someone touch her on the shoulder and turned around to find no one behind her. While working on the second floor of the east wing, she heard noises in the hall and upon investigation, found an empty hallway. Gloria said that she believes in ghosts and certainly believes there are ghosts in Herrmann Hall.

Dora Linares has worked in the dining room for 26 years as a cashier. About 15 years ago she reported, "I was standing at the breakfast counter and all these glasses started coming down from the shelf and broke." Her co-workers said



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"Nora, what did you do?" She replied "Nothing, I was just standing here." They said, "It must be the ghost." In her 26 years at Herrmann Hall, this is the only experience she's had.

James Brown works in the maintenance department at Herrmann Hall. In the past three years, he has had several experiences. He stated "I was walking to a room on the third floor where I've gotta fix something and the door opens and a hand comes out and puts the 'Do Not Disturb' sign or the 'maid sign' on the door and it shuts. So, I knocked for about five minutes, waiting for someone to answer, and I go in and no one's there." He also reported that every other time he gets on the elevator, it opens for him before pressing the button. James went on say he often finds doors open on the east wing along with the refrigerator doors, but the rooms are vacant. He said at times the doors are locked from the inside and there is no one occupying the rooms. "I'll have to pry them open and get in there and it was locked from the inside."

I spoke with many of the housekeepers in the main building and on the east wing. Two housekeepers reported hearing their name called many times while cleaning rooms, but no one is there. One stated, "I pass by in the hall and a room is so noisy and I decide to come back later. Well, when I come back, it's vacant. No one is in there! We just think its George. We call the ghost George."

There are several employees who have been at the Hotel for 26 to 30 years and have never seen or heard anything. Most of the employees I spoke with believe it is haunted mainly because of the stories they have heard. For over 100 years, sightings or strange events have taken place at the Hotel, or Herrmann Hall. The first sighting was reported in 1888 and the most recent reported this year. Is Herrmann Hall Haunted, or just an "old" Hotel? Stay overnight on the east wing and decide for yourself!

Beth A. Lewis



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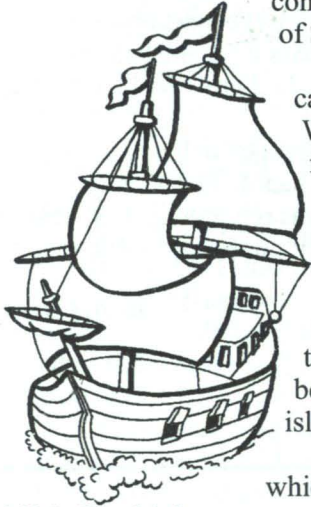
The History of American Holidays

October 12, Columbus Day

Columbus Day is known to everyone as the day that Columbus discovered America. If he discovered our country, why is it called America? Where did he come from? What else did he do in his life? Where exactly did he land? Columbus was a man with great knowledge and ambition, who was recognized for few accomplishments.

Christopher Columbus was born in Genoa, Italy around the year 1446. He worked with his father as a wool weaver until age 14, when he pursued his interest in sailing. In his youth, the works of Aristotle, Ptolemy and Marco Polo influenced Columbus. Sailors taught him about navigation and sailing and often spoke of land rising out of the western sea.

Later in life, through his studies and education, Columbus came to the conclusion that the earth was round. He thought that the same ocean that bound Spain also bound Japan and that Asia could be reached by sailing west. He had difficulty convincing anyone of this, and he could not obtain funding for his voyage. Finally, Queen Isabella of Spain pledged her jewels to raise money for his expedition in 1486.



From Palos, Spain on August 3, 1492, Columbus set sail on the flagship Santa Maria with two caravels, the Pinta and Nina. One stop was made at the Canary Islands and the journey continued. With no land in sight, Columbus' men grew restless and wanted to return home, but Columbus insisted they continue. Just before dawn, on October 12, 1492, Columbus arrived at a small island. Columbus wrote in his journal upon his arrival that he saw people who were "naked and dark in color". He later called them "Indians" as he thought he was on one of the outer islands of India. The Indians thought Columbus and his crew were "strange white creatures who were gods that emerged from the bellies of sea birds". Columbus journalized, "They should be good servants and intelligent, for I observed that they would easily be made Christians, as it appeared to me that they had no religion." Columbus named the island San Salvador, which is thought to be the present Watling Island. As the voyage continued, Columbus and his men discovered a large island, which they believed, was Japan, but was actually Cuba.


Columbus led three other expeditions. In September 1493, he settled a colony at Hispaniola, which is present day Haiti. He went on to discover Jamaica and other islands and returned home in 1496. His third voyage occurred in 1498 during which he discovered South America, which he believed to be Asia. On the fourth voyage, he explored the coast of Central America, in search of a direct route leading the Caribbean Sea into the Indian Ocean. During this voyage, Columbus developed ophthalmia, an inflammation of the eye, as a result of spending 27 afternoons on deck staring into the sun.

Columbus died on May 20, 1506 in Valladolid, Spain believing he had found a short route to Asia. He never knew he had discovered a new continent. He died in bed and his last words were, "in manus tuas, Domine, commendo spiritum

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meum" (into Your hands, O Lord, I commend my spirit). He missed having the great honor of the new lands named after him. Martin Waldseemuller named "America" after he wrongly identified the discoverer of the New World as Amerigo Vespucci, an Italian explorer.

The first celebration of the discovery of America occurred in New York on October 12, 1792 when the Order of Columbia held a dinner to honor Columbus. Two statues were erected to honor him. One was erected in New York and one in 1892 in Fairmont Park, Philadelphia. King's College in New York became Columbia College in 1784. In 1882, the first Catholic fraternal group The Knights of Columbus was organized. The Nation's Capital was baptized the District of Columbia after Columbus and other geographical locations such as, Columbia in South America, British Columbia in Canada and the Columbia River, also took his name. It wasn't until September 1934 that President Franklin D. Roosevelt sent out a proclamation asking that all 48 states observe October 12 as a National Holiday to honor Christopher Columbus.

October 13, Navy Day

The American Navy was founded on October 13, 1775 when the Continental Congress received a bill providing for the creation and establishment of a fleet. Navy Day was originally established on October 27, 1922 which is President Theodore Roosevelt's birthday. As defined by the Navy League, Navy Day is recognized as "...a spontaneous act of recognition and tribute by the people of the U.S. to their Navy and to the men and women who make it great." The Department of the Navy was established April 30, 1798.

The Navy is recognized for its many schools. The Naval Academy opened October 10, 1845 in Annapolis, MD. On May 5, 1861, it was transferred to Newport, Rhode Island and later in September of 1865, transferred back to Annapolis. The first woman to attend the Naval Academy was in July of 1976. The Naval War College was established in Newport, Rhode Island on October 6, 1884. The Naval Postgraduate School was established in Annapolis on October 1, 1909 and transferred to Monterey, CA December 22, 1951.

The 222nd Navy Birthday Ball will be held on October 24, 1997 in the Naval Postgraduate School's Barbara McNitt Ballroom. For more information about U.S. Navy history, visit their web site at <http://www.history.navy.mil>

October 24, United Nations Day

We often hear events happening on the news that involve the United Nations (UN), or the "men in blue hats". What is the UN's role in the international community and what is the purpose of this organization? On April 25, 1945, delegates from 50 countries met for the United Nations Conference on International Organization at the War Memorial Opera House in San Francisco. The UN was originally set up to "preserve peace, advance justice, and constitute a permanent structure for international cooperation". On October 24, 1945, the majority of the nations accepted the charter of the UN.

The UN is involved in medical and environmental research, as well as other humanitarian activities. They monitor elections and peace agreements, provide disaster relief, safe drinking water and assist with agricultural development. The UN spends more than 800 million dollars a year on the United Nations Children's Fund (UNICEF) to promote family planning, child survival and development. Their yearly budget of 1.3 billion is used to support more than 5,000 projects.



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October 31, Halloween

The name Halloween means the evening or the eve of All Hallows Day, also known as All Saints Day. Some churches within the realm of Christendom observe All Saints Day. This day was originally observed in May but was changed by the Roman Catholic Church to the last day in October. It is known as a time to pray for friends and relatives who have died so their souls will be released from purgatory and into heaven. All Saints Day actually stems from an early Pagan festival. The Celts, who occupied Northern Europe practiced Druidism as their religion. The Druid priests

observed the autumn festival of Samhain on the last day of October. It was during this time that they tried to placate the lord of death. A common practice of the Druids is to communicate with spirits through meditation and the worship of nature. During this festival, bonfires were lit to frighten away "evil spirits". They believed witches would fly through the air to signify those women who sold themselves to the devil.

Costuming stems from the pagan festival as it was believed that masked and costumed villagers representing the souls of the dead would lead the ghosts out of town. Trick or treating is also related to the pagans, as it was believed that the souls of the dead would visit homes on this night and a banquet was set up for them in each home. Also, the children would go house to house to beg for wood for the Druid bonfires.

Today, many children participate in trick or treating in the neighborhood or

attend Halloween parties. Most do not use Halloween as a time to contact "spirits" or to cast spells, anymore. However, some people, mainly Christians, do not feel they can participate in Halloween because of the Pagan origin.



Some feel that they can maintain the innocence of the holiday by allowing their children to costume as an angel or cartoon character, rather than a devil or a witch. A common practice in the past few years is to collect money for UNICEF, rather than collecting treats.

November 10, Marine Corps Birthday

This year, the Marine Corps will celebrate their 222nd birthday on November 8, 1997. The Continental Congress established a Corps of Marines on November 10, 1775. Two Battalions of Marines were raised for service as landing forces with the fleet. Major General John A. Lejeune, 13th Commandant of the Marine Corps, declared that November 10th be observed by Marines throughout the globe in peace and war. This was declared on November 1, 1921 to be a reminder of the honorable service of the Corps. Marines all over the world had celebrations every year thereafter on November 10th, until Secretary of Defense Louis Johnson was in office in 1949 and 1950. He forbade any observance of the Marine Corps birthday and Marines were forced to hold private parties around the world.

The history of the Marine Corps is full of stories about the birth of the Corps. The Marine Corps began very small compared to today, with only 10 officers and 483 enlisted Marines by the War of 1812. On November 19, 1868, The Marines Hymn was first heard. No author was credited for this. In 1883, the term "Semper Fidelis", or Always Faithful was adopted. There were three other motto's prior to this one to include "Fortitudine", "By Land and Sea", and

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the Shores of Tripoli". The Marines obtained their name "Devil Dogs" according to a legend that during World War I, the Germans referred to Marines as "teufelhunden", meaning devil dog. Opha Mae Johnson was the first female enlisted Marine. She entered the Corps on August 13, 1918. Women Marines were known as "skirt marines" or "marinettes". For more information on the Marine Corps contact the web site at <http://www.hqmc.usmc.mil/>

November 11, Veteran's Day, Formally Armistice Day

On November 11, 1918, the Germans signed an Armistice, ending World War I (WWI). Webster defines armistice as "a temporary truce agreed to generally as a preliminary to a peace agreement." Armistice Day was originally observed in the United States



with parades and two minutes of silence to honor those who died in WWI. By the start of World War II, Armistice Day had reached its climax. There were many veterans who had no association with WWI. Additionally, leaders of veterans' groups were interested in honoring all that fought in various wars, not just WWI.

On November 11, 1953, the first Veterans Day celebration took place instead of Armistice Day. Representative Edward J. Rees of Emporia was so impressed that he presented a Bill to Congress to change Armistice Day to Veteran's Day. Veteran's Day was signed into law on May 24, 1953 by President Dwight D. Eisenhower and it is the holiday we observe every year on November 11th.

November 27, 1997, Thanksgiving Day

In 1620, the pilgrims landed on the coast of New England and were greeted with a brutal winter causing starvation and death, as they were unable to harvest any food. 1621 brought an abundant harvest and Governor Bradford of Plymouth, Massachusetts

declared a day of thanksgiving. The first Thanksgiving Day in 1621 lasted three days and included food such as, venison, duck, goose, seafood, eels, white bread, corn bread, leeks, watercress and greens. Wild plums and berries were served for dessert. Wouldn't your family love to have eel this Thanksgiving?

In the following years, Thanksgiving was celebrated inconsistently due to longer, colder winters and droughts. In September of 1789, President George Washington made the following proclamation during a speech:

"Now therefore I do recommend and assign Thursday, the 26th of November next, to be devoted by the people of these states to the service of that great and glorious Being, who is the Beneficent Author of all the good that was, that is, or that will be; and that we may then all unite in rendering unto Him our sincere and humble thanks for His kind care and protection of the people of this country..."

Thanksgiving was irregularly celebrated until President Abraham Lincoln made a proclamation to establish Thanksgiving Day as a National Holiday to be observed the last Thursday in November every year in 1863.

Congress changed this to the fourth Thursday in November in 1941. We think of Thanksgiving as a time of good food, family, warm hearts and conversation. However, some that are less fortunate do not have these experiences to look forward to. It is a good time to reach out to others in the community as stated by Washington Irving, "Tis the season for kindling the fire of hospitality in the hall, the genial fire of charity in the heart."

Beth A. Lewis



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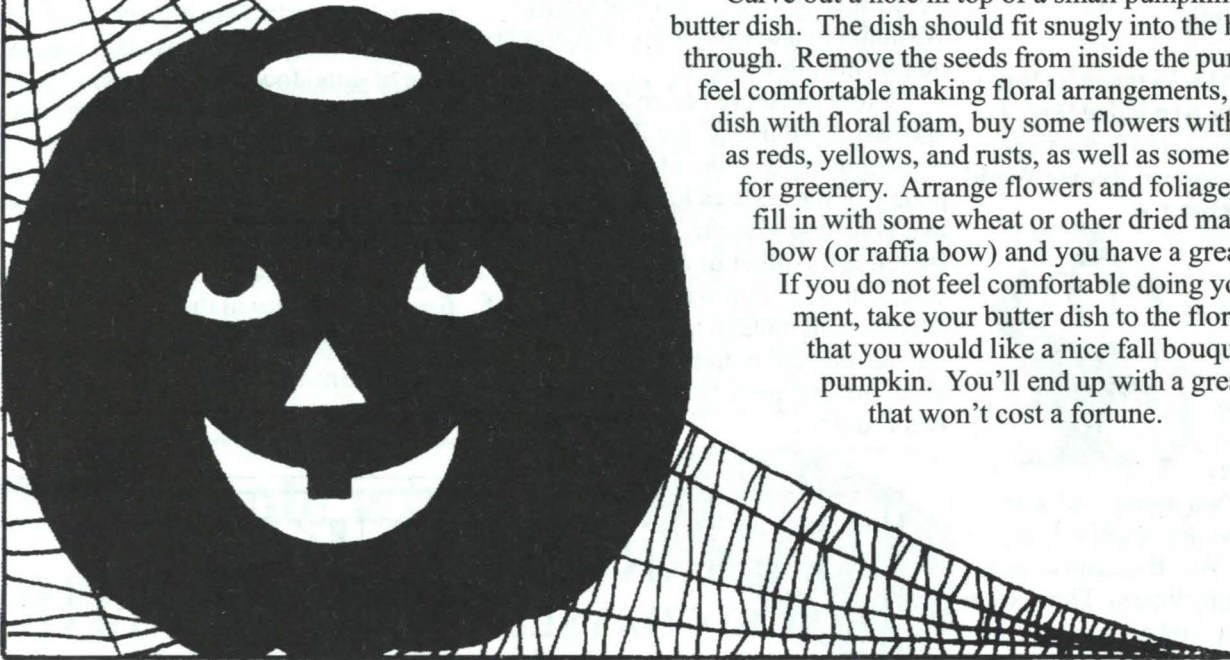
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For each pumpkin, cut 2 5"x5" squares of brown bag. Draw outline of pumpkin to one piece. Paint with acrylic paint and add details with a fine-tip permanent black marker. Squeeze a thin line of glue along back edge of pumpkin, leaving a space along bottom edge unglued. Press onto second sheet of brown bag. Let dry, then trim the excess brown bag around shape. Stuff lightly with cotton balls or fiber stuffing and finish gluing along bottom edge. Punch holes in pumpkin on each side and string many together for a garland or use a fine gauge black wire and make a handle so it will hang on your door. Embellish with raffia bow. You could also make other simple shapes, such as a ghost, witch or turkey.

Holiday Centerpiece

Carve out a hole in top of a small pumpkin to fit a small butter dish. The dish should fit snugly into the hole and not fall through. Remove the seeds from inside the pumpkin. If you feel comfortable making floral arrangements, fill the butter dish with floral foam, buy some flowers with fall colors, such as reds, yellows, and rusts, as well as some leatherleaf fern for greenery. Arrange flowers and foliage in the foam and fill in with some wheat or other dried material. Add a fall bow (or raffia bow) and you have a great fall tabletopper. If you do not feel comfortable doing your own arrangement, take your butter dish to the florist and explain that you would like a nice fall bouquet to fill the pumpkin. You'll end up with a great arrangement that won't cost a fortune.

Amy Esquivel



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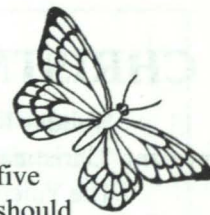


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I call it Butterfly. You call it Mariposa.



In the true tradition of a modern day Paul Revere, this year I intend to get into my van, roll down the window, and yell out to the world: The Butterflies are coming! The Butterflies are coming!

Every year thousands of Monarch butterflies cluster together on pines and eucalyptus trees in one of two habitats in Pacific Grove: The Monarch Grove Sanctuary (enter through Ridge Rd. just off Lighthouse), and George Washington Park (enter from Spruce and Alder).

If you decide you'd like to observe the Monarchs in their habitat, a good idea is to stop first at the Museum of Natural History, in Pacific Grove. The museum is free (donations are welcome) and offers a video on the life cycle plus a beautiful exhibit of the Monarch in addition to abundant local fauna, crystals, and more.

Where do the Monarch Butterflies come from? Where do they go?...

The Monarch butterfly can be found as far north as Canada. Because it cannot withstand a freezing winter, it migrates to safe sites that are not cold enough to kill it, nor far enough to waste too much energy through miles of flight time.

Monarchs east of the Rockies spend their winter in Mexico. Monarchs west of the Rockies spend their winter in Pacific Grove and other central Californian coast locations. Sometimes while migrating they fly as much as 100 miles in a day, and as high as 10,000 feet. What really makes the migration so

unique is not that these tiny tropical insects fly 2,000 miles just to chill (as opposed to freeze), but that the ones that migrate have never been here before. In fact several generations have lived and died since last years Monarchs were here.

The butterflies rely on instinct to reach this area. Scientists think they may be guided by the earth's magnetic field, the position of the sun, and polarization of the sun's rays.

Pacific Grove is known as "Butterfly Town, USA". Whether the Monarchs attract the tourists, or the tourists attract the Monarchs is still not clear (as in the ever disturbing chicken/egg debate). What is clear however, is that this is a once in a lifetime opportunity for many military families to witness a geographically limited phenomenon.

This years Pacific Grove annual Butterfly Parade will be on October 11. Children and teachers in costume from the Pacific Grove School District, parade through town in celebration of the Monarchs return.

Current Affairs...

Just as Buckingham Palace's residents behavior and alliances are often under constant scrutiny, so to their royal counterpart, the Monarch butterflies, are not exempt from public observation. A local report from February 19 this year states that: "The butterflies mated and departed on migration early in mid February. Only a

few males will remain trying to find mates.

Their offspring about five generations removed should return next October." It also stated that "David Marriott's official count estimated over 15,000 butterflies during the early winter peak," and "No butterflies wintered in George Washington Park this year." *

How anyone can count 15,000 butterflies is beyond me. All I know is that upon their return this year I hope to see at least half a dozen Monarchs and, when I do, I hope Mr. Marriott is around to help me count the six or so I see, and "help me keep track of my two children!"

*David Marriott is the director of the Monarch program in San Diego. He travels throughout California and provides an official Monarch count. For more information on the Monarch migration and special events call *The Friends of the Monarchs* at 373-7047.

Lia L. Matthews

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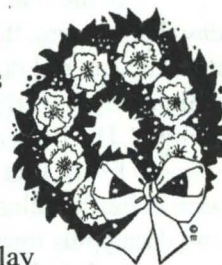
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CHRISTMAS IN MONTEREY HOLIDAY EVENTS ANNOUNCED

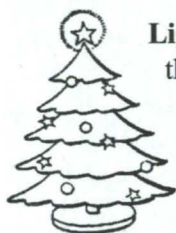
Holiday lights illuminate Monterey's historic past as City, State and community organizations present "Christmas in Monterey," a series of citywide events.

The Yuletide begins Friday, December 5 with the traditional lighting ceremony of the "Christmas Tree" at City Hall continuing Sunday, December 7 with the annual "Holiday Arts and Crafts Festival" followed by the annual "Holiday Festival" presented by the Monterey Museum of Art, December 4 - 31; "Christmas in the Adobes" Thursday and Saturday, December 11 and 13; and Monterey's "La Posada" Friday, December 12.



"Holiday Arts and Crafts Festival" sponsored by the City of Monterey. Local artists will display a great variety of woodwork, paintings, ceramics, jewelry, wreaths and much more at the festival on Sunday, December 7. This is a great opportunity to do some last minute Christmas shopping. The festival will be held at the Monterey Sports Center from 10:00 a.m. to 4:00 p.m. Free admission. For more information phone (408) 646-3873.

"Festival of Trees: A Return to Tradition" sponsored by the Monterey Peninsula Museum of Art. The Festival will be held December 4 - 31, at the Monterey Museum of Art, 559 Pacific Street, Monterey. Spectacular Christmas trees, each uniquely decorated will be displayed along with wreaths, holiday vignettes celebrating the 175th anniversary of Clement Moore's The Night Before Christmas. Miniature works of art, donated by local artists, will be available in a prize drawing. At the Festival, visitors may shop for gifts in the Museum Store. There will be a teddy bear tea, storytelling and other surprises—something for everyone! For more information phone (408) 372-5477.



The City of Monterey officially welcomes the holiday season with the traditional **"Christmas Tree Lighting"** ceremony Friday, December 5. The lawn in front of Colton Hall, Pacific Street at Madison, will be the site of the celebration which begins at 6:30 p.m. when celebrants will join Mayor Dan Albert and Santa Claus in an evening of carols, entertainment and refreshments. For more information phone (408) 646-3866.

Holiday traditions and Monterey history merge in **"Christmas in the Adobes"** to be presented by the Old Monterey Preservation Society and the California State Department of Parks and Recreation on Thursday and Saturday, December 11 and 13 from 5-9 p.m. Hosts and hostesses dressed in period costume will welcome visitors to Monterey historic buildings lit by luminaria, candlelight and enhanced with period Christmas decorations, musical entertainment and refreshments.

Over twenty participating adobes clustered in a five-block area will be featured and all are within walking distance for the self-guided tour. Parking is available at the Fisherman's Wharf parking lot. Tickets may be purchased in advance at Cooper Store, 525 Polk Street, Monterey, or selected participating adobes on the night of the tour. Tickets are \$10.00 for adults and \$2.00 for children 6-17 if purchased by December 1; after December 1, tickets are \$12.00 for adults and \$2.00 for children. Large tours are asked to break into smaller groups. Bus parking is available at the Wharf parking lot. For more information phone (408) 647-6226.

Monterey's Mexican heritage is celebrated at **"La Posada,"** a candlelight procession through downtown Monterey to take place Friday, December 12. Mary and Joseph's search for lodging in Bethlehem is reenacted in this community celebration that starts at 6:30 p.m. at the Monterey Conference Center, 1 Portola Plaza. Pre-



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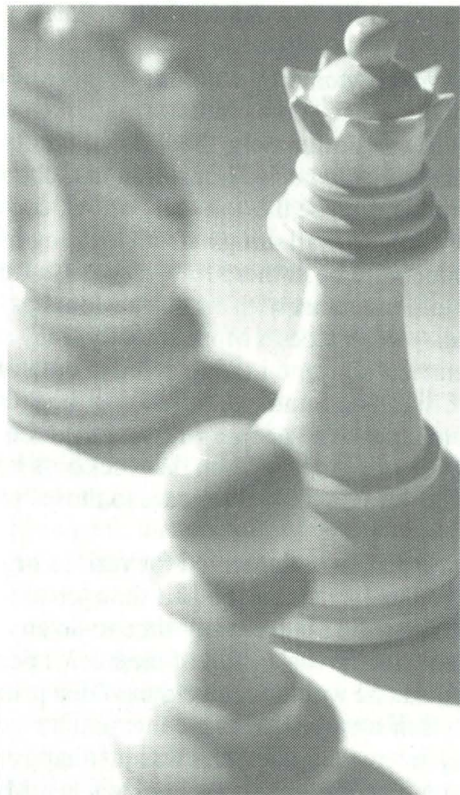
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sented by community volunteers, the event will be highlighted by a mariachi band that will lead participants to historic adobes where carols will be sung. After the parade, the city's Recreation and Community Services Department will host a pinata party inside the Conference Center. In case of inclement weather, all Posada activities will be moved indoors. Bring the whole family, along with procession candles for adults and flashlights for children. For more information phone (408) 646-3866.

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In Search of the Golden Prize

It has been a little over a year since my husband ran up the driveway, waving a piece of paper in his hand. "Hey, Babe, guess what? I've got orders to the Naval Postgraduate School. We'll be going to Monterey this Summer, after we go back East to visit family and relatives," he said with a large matter of fact grin on his face, words bubbling from his mouth like a fountain.

"Congratulations," I remember saying, smiling because my husband is a man of few words. Thoughts of packing, moving, traveling across country, finding a house, moving in and getting settled in Monterey, danced through my head. I shared my husband's excitement to leave the desert of Yuma for the paradise of Monterey. At the time we knew nothing of the Naval Postgraduate School's reputation for the "three D's."

Tradition has it that a Naval Postgraduate School family is likely to leave Monterey with one or more of the "three D's," a dependent, a dog, or a divorce. Some couples find that this is an ideal time to add a child or a pet; other couples crack under the strain of schoolwork taking such a prominent place in their lives. (Fortunately, the Wooten family has been in La Mesa for nearly 14 months, free from the "curse.") My husband, Mike, quickly buried himself in his school work, and my children have been enjoying school. I have dutifully accepted my mission: to be the "on-call" driver, cook, "washer and fold-clothes lady", (as my daughter so affectionately calls me), and the knower of all things - from locating missing socks, to department stores; from hunting for lost toys, to fast food restaurants. I'd been there for everyone, a "stay at home Mom", which makes me laugh upon reflection. As a neighbor once told me, what with all that a Mom has to do — grocery shopping, soccer and dance lessons, driving to birthday parties, etc.— when does a Mom actually "stay at home?"

I attended the perfunctory school events related to my husband's curriculum, and I volunteered at both of my children's schools. The only time that I seemed to be able to relax was at Church on Sundays. Attending the 8:00 a.m. service was "heavenly," because it was there that I was able to get peace and quiet. The people who attended this service were a little older (and I'm sure wiser) than myself, and the congregation was quite small. When the weekdays became chaotic from all the running around and schedule juggling that I seemed to be doing, I looked forward to those "moments of solitude."

Time began to go by quickly, and even though I met new and exciting people, volunteered for various organizations, spent time with my family, kept abreast of the neighborhood doings, and even managed to get a part time job at the La Mesa Preschool, I was exhausted. I wasn't doing anything for myself, and I especially did not have any time to do anything that I wanted to do. What was my prize at the end of the NPS rainbow? A golden laundry basket full of clothes? I don't think so. My husband was working hard on his thesis, secure with the knowledge that he would receive the golden prize from

NPS — a Master's Degree. My son was thrilled at the fact that he would leave NPS as a second grader, and as for my daughter, she was just happy and excited over the prospect of having her favorite preschool teacher, Miss Donna, again before she moved, and the added bonus of seeing Miss Holly everyday. When I thought of all that I have gone through, and I'm sure what other non-Military spouses have gone through, (and are presently going through), as well, it made me wonder what type of "golden prize" we would receive. The spouse is the one who keeps "the home fires burning" and who supports most family activities so that their loved one could attend classes at NPS during the day, and then became "Thesis Man" (or "Thesis Woman") at night.

I have received not one, but **two** "golden prizes" and they were **not** provided to me at the expense of the Military. (and I didn't have even have to write a thesis!) I met and became very close friends with two women who I

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would consider "golden prizes"— Lisa Herbert and Arleen Flowers. Their acquired friendships were quite unexpected, and a pleasant surprise and they more than likely will be lifetime friendships.

They have both become my most closest and cherished friends, and meeting them while my husband was attending NPS, will always make his tour here at NPS a lot more special and meaningful to me. I'm very proud of my husband, and for all that he has done at NPS, but I'm also proud of the person that I have become since being here. I had only expected to meet people and have friendships based on the shared "NPS experience," and once my family and I moved on to another duty station, that was it...fini...that's all folks.

One Sunday at Church (my Grandmother always told me that I would meet nice people if I ever went to Church), I met this friendly, brunette woman, who, on first glance, looked like...(she'll probably kill me for saying this)...Jacqueline Kennedy Onasis. "Excuse me," the friendly woman said. "You have such nice, well-mannered children. I didn't hear them at all during the service."

I turned my head around, to make absolutely sure that it was me she was talking to. My children well-mannered? When I turned back to look at the woman, I said, "Since there is no one else around, I'm assuming that you're talking to me." She smiled and nodded her head. "Thanks for the compliment. My name is D'Andrea Wooten, and these are my children, well-mannered one and two." I smiled and patted each child on the head.

The woman had an infectious laugh, and introduced herself to me as well. "I'm Lisa," she said, extending her right hand to me, "Lisa Herbert." We have been friends ever since that first handshake, and it is really nice that our husbands are close friends as well, for usually, one partner does not care for the other partner's choice of friends for whatever the reason might be. Lisa is Ethel Mertz to my Lucille Ball, funny, adventurous, and can be silly. Yet it is Lisa, a woman extremely organized, highly intelligent, and semi-conservative when she needs to be, that keeps me grounded. When I am planning something a little "too silly", Lisa, like Ethel Mertz, would keep me from letting things get "too out of control". On one occasion, I started giggling uncontrollably during the Church service, at something that Lisa and I both overheard; Lisa

giggled just a bit, then looked at me and raised her eyebrow, a look which told me that I needed to "cool my jets", and giggle at a more appropriate time. When the Church service was over, however, Lisa smiled and laughed and as she would say, 'got way out of control'. There are times when we would go shopping with my children and without my children. We went to the movies, out dancing with husbands, wine tasting, and had marathon phone conversations which our husbands could

not understand, since we saw each other at least once a week. I value her opinion, and I can tell her **anything**, because I trust her profusely.

Arleen Flowers, a seemingly quiet (**Ha!**) woman, with large doe eyes and an even larger smile, sat outside her car at the Child Development Center. She had just moved to the area, and was unsure of how to get to Wal-Mart (her first love), so that she could get some cleaning supplies for her upcoming new home.

"Excuse me, how do I get to Wal-Mart?" Arleen asked timidly.

"Are you new here?" I asked. Arleen nodded, her long, thick ponytail wagging behind her. I began to laugh.

"What's so funny?" Arleen looked at me questioningly, her brow furrowing.

"I'm sorry, I didn't mean to be rude. It's just that it struck me funny, hearing someone mention Wal-Mart, when I don't know of any Wal-Mart in the area. In this territory, it's K-Mart that you need to rely on for your household

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items or the Fort Ord Exchange," I said, matter of factly.

Arleen's face fell, but she quickly recovered and smiled. "Okay," she said brightly. "How do I get to K-Mart?"

After brief introductions, we began chit-chatting, and our chit-chat turned into a marathon conversation. Suddenly, cars and vans were approaching the parking lot. I glanced at my watch. It was 11:25 a.m. School would be out in five minutes! Arleen and I burst out laughing, and we have been laughing together ever since.

When Arleen and I get together, it is usually with kids in tow. Arleen's two boys, plus my two children, equals **ADVENTURE**. Just going to the beach was a two hour affair. We usually arrived anywhere not on time, not late, but on "Flowers Time", a phrase that referred to the Flowers' family, who most of the time, arrived at any destination, on their own terms. Now that I think about it, we must have been crazy to think that we could all go to Disneyland together. Two women, four kids, one van, arriving on "Flowers Time" I shudder to think of how long it would take for us to get there. ... Our husbands would have had a good laugh with that one. Arleen and I go shopping together (sometimes we take our children, or they stay at home while both dads babysat), eat out frequently with and without children (and sometimes with our husbands in tow, when they are not studying and remember that they have wives), and talk to each other quite often on the phone or in person. Arleen is my confidante and hanging out partner, and she is good for my ego, for she laughs at all my jokes and anecdotes. I would do anything for her (except wash windows), and I know that the feeling is mutual.

My husband and I have chosen not to leave the Naval Postgraduate School with one or more of the "three D's." Instead, we'll leave here with the "three F's" — strong family, good friends, and a bright future for all NPS families who leave here and go on to another duty station. My experiences here have led me to believe in the "three F's." Every member of a family who comes to NPS leaves here with a golden prize. Some people may leave with a few more golden prizes than others, but everyone will receive one. I am fortunate to have my two prizes, plus my family is a lot stronger for having gone through the NPS experience together, **and** my husband's future is a lot brighter for having an NPS degree in his hat...I mean ...uh...cover...

D'Andrea Wooten

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HALLOWEEN ON THE WEB

If you are planning a Halloween party or are just desperate for a costume idea for junior, I might be able to help you. I have surfed the web and reviewed dozens of Halloween web sites. I have weeded out the useless and given you the best of the bugs, ghouls, witches, monsters and jack-o-lanterns. You can find party ideas, games, instructions to build your own haunted house, costume suggestions and lots of disgusting delicacies. There is even safety information for parents, pumpkin carving patterns and crafts. These ideas are great for children and adults. Make sure you hit these sites with full audio on your computer. Some have cool music and scary noises. So, hop on your broom and fly the web, Have a Happy Halloween!

<http://www.night.net/halloween/> This was one of my favorite sites. The "Freaky Fun" section has lots of great word games including a series of word searches, to which they even provide the solutions. It also has great music and songs and recipes for edible eyeballs, graveyard dessert and spider cake.

<http://www.islandnet.com/~bedford/hallow.html> I highly recommend this site. It had great activities such as mazes and pictures you can print and color. It also has instructions on how to build your own haunted house. The game section is great for basic party games you may have forgotten but are still all-time favorites! And there are recipes; witches brew, lizard eyes and dirt. You'll also find great ones for caramel apple crunch, taffy apples and bat cookies.

<http://www.gamesdomain.com/tigger/halloween/halloween.html> I love the print and color pictures on this site. They are so cute! They are very simple and easy for little ones to color. There are also some great word puzzles at this site. This site also provides a link to a great craft site, "Auntie Annie." They have great Halloween and other holiday crafts. It's a little hard to find, but keep trying. This site is left over from last year and may have been updated by press time.

<http://www.gamekids.com/hallow1.html> This is a great site for older kids. If you are involved with a church youth group or community group, this site is a must see. It has lots of game ideas that are more mature than bobbing for apples or pin the nose on the pumpkin. Halloween bowl, Farmer John relay and the broomstick dance were all very good.

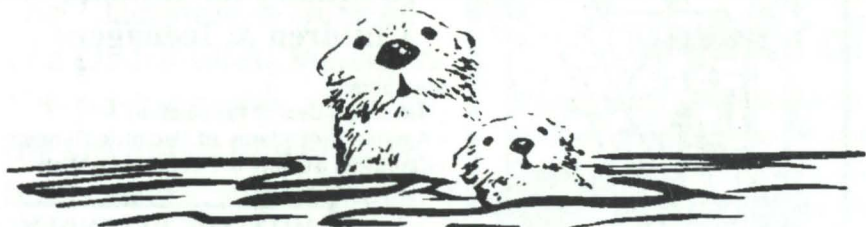
<http://www.worldvillage.com/kidz/bilybear/halowen/halowen.htm> This is my favorite site. It has just about everything you need for a Halloween party. They have print and color invitations and clip-art, if you want to create your own party invitations. They even have Halloween stationary you can print out. There are also recipes, mazes you can print and solve, and pumpkin pictures to color. There are also great links to other sites, some of which I have mentioned already. You may have to turn the volume down on this site. The electronic version of "Ghostbusters" gets a little annoying after a few minutes.

<http://www.jack-o-lantern.com/> This site is more commercial than the others. It's published by a company that sells pumpkin carving patterns. You can print some of their patterns to use and they provide helpful carving techniques. They have just added some new patterns for this year's holiday season. They also provide information on how to make your pumpkin last longer and where and when the jack-o-lantern got it's name.

<http://www.fullmoon.org/rules.html> As a parent, I found this site very informative on how to make sure your child is aware of the safety side of Halloween. This site should be viewed by child and parent. The Halloween Safety Game is very good. It provides great scenarios on situations that may occur and what can happen and what children can say and do to be safe in those situations. I highly recommend this site.

<http://www.hauntedhome.com/> Although this was a very small site, it has some very useful stuff. It has about a dozen pumpkin carving stencils and some great recipes for dead man's meatloaf and pumpkin spice cupcakes.

Lucinda K. Harvey



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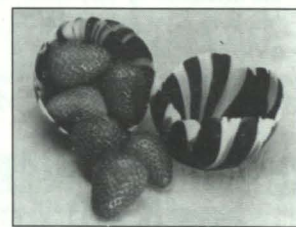
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Farewell Dear Ladies

I was stunned when I learned of Princess Di's death. Her death was an awful loss to her children, family, friends, and the many causes for which she fought, assisted, and endorsed. Her death caught me and the world by surprise; but what stunned me more than her death, was my reaction to her passing.

I prayed for her children and hoped that her efforts and charitable causes would be carried through. Yet in disbelief I found myself wanting to know more about a woman who in life I never felt compelled to follow. The fact is I simply couldn't get enough information about this total stranger.

I began reflecting on my reaction, my interest, my undeterred curiosity, and my need to hear all the good and bad about this woman and her family. Why?

I believe we all wear many faces. Each face having many sides. For starters, there's the side that comes out when we slow down to see an accident on the side of the road. Let's face it, if the ambulance and police are already at the scene, what good can I do to make a positive difference? Then, there's a wicked side. That side of us comes out at our school reunion when we find pleasure in knowing that the most popular girl at school now weighs 200 lbs. Also, there's that mean side, when we tell somebody over and over again to do something and they don't listen. The mean side comes out as a desire for them to fail and prove we were right all along.

I hate all of those faces. But mostly, I hate the face that makes me want to be glued to the TV for a 36 year olds' funeral, or a twenty year olds' wedding. I am weak. I have never been one to buy celebrity magazines, or to keep up with celebrity "comings" and "goings", divorces or weddings. Yet my interest in Diana after her death makes me think that taken a few steps further, my interest and that of others sells magazines. Our "faces" create the demand and we are thus supplied. Our suppliers "feed" our faces with what we want to see and our ears with what we want to hear.

Individually, we consumers believe we are innocent when it comes to encouraging suppliers, we separate ourselves from the vultures by justifying our motives and condemning other "scavengers" and "hunters" alike. But our interest is still present.

In history and in present times we have always been interested in the lives of famous people. These people shape the times, set the pace and create fashion trends. Both the good and the bad are emulated. Our interests today pay the salaries of writers and photographers. Our interest in the past, pays historians.

Princess Diana's celebrity status and energies were put to good use.

I praise her altruistic efforts. Her nature was good, her position in life could open many doors, and she chose the right doors to open. Her peers in equal positions didn't, that's what made her special, and why she'll be missed by the less fortunate and the 'wannabees'.

Another great lady died just days after Princess Diana's sudden death. We didn't watch this lady as closely, we didn't follow her every move, or even attempt to emulate her. In too many ways she was too much of a giant for us to reach. Even more so than the life of a princess, her work with the pained and the dying were, fortunately for us, a mystery.

Mother Teresa was not glamorous, not pretty, and although we can count her among a handful of people who gave more love and received more love than anyone in history, her love life did not captivate us. Yet,

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Mother Teresa, born to a wealthy family, made a choice at an early age and devoted herself to a life that endured conditions no human being or animal should endure. By choice she was one of those people. Her love, her faith, and her selflessness kept her going and, on occasion, unwillingly put her in the spotlight. I have followed Mother Teresa's life. I have been interested in her successes, however the televised version of her life and death in Calcutta is not one millions will want to watch.

I've read a lot lately about the so called 'Cinderella' syndrome, the fact the we like to trail on celebrity coat tails. I think we've learned our lesson. A princess' life is not a bed of roses, and a saint's life, is not just mystical. Everyone pays dues for their place in life. Glass slippers probably hurt, and mysticism alone doesn't save lives.

It is impossible to make a parallel between Mother Teresa and Princess Diana. Their concerns and insight were similar, yet their approaches and efforts were worlds apart. Mother Teresa brought immediate peace to those who suffered. Princess Diana's efforts and "modernity" were aimed to the future.

The world needs rare gems like Mother Teresa to protect us from the ugliness life dishes out, and jewels like Princess Diana, to remind us of the beauty of giving.

Farewell dear ladies and may your lessons live on.

Lia L. Matthews

On Turkey Day...

I've always had a hard time putting meals together. If the chicken turns out OK, then the potatoes are overcooked and the corn is undercooked. There was one Thanksgiving however, when amazingly everything was falling into place instead of into pieces as it usually does. We invited my husband's new boss and family over to welcome them to Louisiana and share a meal in the true holiday and military tradition.

I had just seated them for an appetizer and went back into the kitchen to carve the turkey, when I noticed the turkey was missing. Instinct told me to go to the backyard and check between the bushes. Lo and behold there she was under a bush with our dog's jaw surrounding her. 'Think fast' I told myself, as I ran her in and thanked the gods for giving me a kitchen with a wall to isolate me from our guests. I proceeded to rinse that bird as quickly as I could and threw her back into the oven. I poked my head out the door and with my best Annette Funicello smile asked: "More wine anybody? I'm running a little late, new recipe, you know."

I poured the wine, redid the corn, brought more hors d'oeuvres to our visitors, and returned to a smoky kitchen and turned the fan on 'high'.

A few minutes later I came out and announced: "Dinner is served". As they sat down, and with as much theatrics as I could muster, I lifted the lid to my turkey dish and said: "Voila, Blackened Louisiana Turkey!". Can't say they bought it, but it's a day we'll never forget.

My husband just can't believe creating memories is so important to me.

Lia L. Matthews

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The Military Spouse

The angel looked down the hallway. "This should be the right room" he thought aloud, after all he had looked everywhere else. He hadn't been an angel long, and he had been given the difficult task to know God's whereabouts at all times, and God really was everywhere as the angel had always heard.

At the door he reached out to turn the knob and stopped with a smile. "This is so cool", he mumbled excitedly. There were a lot of things he wasn't used to yet, and one of them was walking through walls. It was funny how even he could spot a new guy. The new angels ducked under low door frames, tried to turn nonexistent knobs, and cringed each time they walked through walls, fearing pain if the wall ever materialized.

As he walked into the bright light that came with being in His divine presence, he quickly covered his eyes. He wasn't sure if it was irreverent to shield his eyes this way, but chances were he'd be blind in no time if he didn't. He chuckled reminding himself he was dead anyway, and blindness might not be an option, after all, he hadn't met any blind people since he'd been here. God was in the middle of the room (he always was), and when the angel walked in, God was immediately by the angel's side (he always was when He was needed).

God was slumped over in Rodin's 'The Thinker' position staring at two statues. He had always been proud of inspiring that particular Rodin model.

"Hey God", the angel said, "time to get some some shut eye."

Then stopping and following God's stare he asked "What's up? You look concerned. Is something wrong?"

"Look" God said pointing to two model statues, one was made of clay and the other of steel. "I've never been able to mix clay and steel."

The angel laughed, and said "Is that all? You've done a lot more important things than that. I don't think history will bring you down because of a chemical failure. Come on, get some sleep, the guardians are already on watch." God was not ready to leave.

Anxiously God said: "It's not a chemical failure, they are not meant to blend. But it's been done."

The angel was happy God had confided in him, but felt inadequate. Heck, he hadn't a clue as to what was being discussed.


"Excuse me God, I can't read minds like you do. I can only guess, and I haven't the foggiest idea what you're talking about" he finally said.

"I'm sorry" God responded, then continued, "do you remember when I created model 500 BC?" At the angels perplexed look, he said, "That's right, you weren't around then." The angel hated being reminded of this and wiggled selfconsciously on his invisible chair.

God patiently elaborated: "Let me explain, I made mothers out of clay a long time ago so they'd be soft, comfortable, malleable (mainly, adaptable to the unexpected). This clay I created was quite an invention, if I may say so myself. It was really soft, and through the years got softer. Children were supposed to bounce on it first, and later grandchildren. Still as soft as it was, it was tough, resilient. It bounced back no matter how hard it was hit. Even after all of these years, it's still one of my greatest inventions."

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God stopped, caught His breath, and continued, "Then came model 500 BC, when man first started fighting in organized wars. His companion (the person he left behind when duty called), had to be really tough. She had to keep the house and family going, and if he died, it was her duty to take over. She had to be hard, she had to be tough, so I made her out of steel. The men chose only the heartiest specimen as his companion. The softer model would never survive."

The angel waited for more, and uncomfortably realized God probably expected him to understand. This angel gig was not easy, and in his case it didn't come naturally. Intimidated by His divine presence, and yet aware that all was forgiven, he timidly said: "Please explain. I'm sorry I just don't get it."

God smiled and said "Don't worry, I don't either." Then he chuckled and added, "Today's military spouse must endure long separations, must be mother and father to the children, must move on demand and accept the new destination no matter where it will take her. And if someone comes knocking at her door in the middle of night to bring her bad news, like it or not she must answer."

"Yet today's military spouse isn't hard." He stopped, scratched his forehead in wonderment, and said: "She laughs at life's twists, cries at a complete stranger's loss or fate, carries on with house and children alone, whether the military member is in the area, out, or gone. The military spouse doesn't depend on anybody but herself, and only feeds on the strength of other military spouses when times are difficult. She plants beautiful gardens she'll never see grow, and doesn't think it impractical to make holes in a wall for family pictures, holes she'll have to patch up before she must move again. Her children love her, the community loves her, and her lap is just as soft as a mother's model, yet...she's also made out of steel. She's made of both original ingredients: clay and steel."

The angel thought it all over and carefully added "This is good, right? The best of both combined. It's a perfect invention. So what's the problem? What are you so concerned about?"

In a low voice God responded "I didn't mix the clay and steel, I don't know how. She did it herself." Then He shook His troubled head, looked up, and said: "I guess what I'm really afraid of, is the new found competition."

Lia A. Matthews

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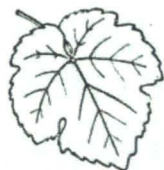
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Family Fun Calendar

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Well what do you know, September is finally over.

No offense, but I always look forward to another month in the

hope that I can clean up all that residual backlog. Never happens, but if nothing else the new page on the calendar looks clean. It's like a whiff of fresh air before the storm starts again.

Are you ready?

By now you probably know I'm referring to our bi-monthly workout. Get your hand up in the air, take a deep breath, and switch your calendar over to October. Exhale...

Wow, I'm whooped!

October...

Highlights: Energy Awareness Month, and National Pasta Month.

1st Vegetarian Day!

2nd First Camel brought to America was advertised in the Boston Gazette in 1721.

4rd American Heart Walk. More than 200,000 participants in 900 cities will be walking for health.

5th Ray Kroc, founder of McDonald's was born in 1902.

6th Child Health Day.

8th Who's on First? The first regular Broadcast by Abbott and Costello aired in 1942.

10th Dreft was the first synthetic clothes detergent marketed in 1933.

11th The Pacific Grove annual Butterfly Parade. Don't forget to wear your wings! If you're interested in more information on this butterfly event and

the Monarch's migration schedule, read "Some call it Butterfly..." in the Classmate.

11th Here's something interesting! The Comptometer, the first accurate adding machine, was patented in 1887.

12th Columbus Day! It's celebrated on the second Monday in October to honor Christopher Columbus's arrival in the Bahamas in 1492. The first Columbus Day celebrations in the US took place in 1792. In 1937 it became a federal holiday, and in 1968 it was moved to the second Monday of the month to create a long weekend.

16th United Nations Food Day. People around the world join together to make donations to food banks.

18th Sweetest Day! Be a sweetheart, make coupons redeemable anytime for hugs, kisses, storytime, or sing a song, and give them to all the members in the family.

18th Craft Fair/Home Business Fair at POM Annex. Go shopping for the Holidays, before you know it they'll be here.

22th In 1938 Chester Carlson invented the first Electric Photocopier.

23rd Hey all you golf fans! Chi-Chi Rodriguez was born today in 1934.

24th United Nations Day. The UN was founded in 1945 as an Organization of Nations who work together to secure peace throughout the world. Fifty nations signed the initial charter, today 150 are members. Among UN agencies are UNICEF (UN children's fund), WHO (world health organization), which successfully eradicated small pox from the earth.

Our military lifestyle, DLI, and NPS experience, provide us a great opportunity to learn about the traditions, food, and people of other nations.

24th Anna Edson Taylor in 1901 was the first person to go over Niagara Falls in a barrel.

25th Pablo Picasso was born in 1881.

26th Mule Day. In 1785 King Charles III of Spain gave two mules to George



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28th In 1904 in St. Louis, the first finger printing system was adopted in America.

31st Halloween! This ancient tradition combines Druid rites and Christian customs. Thousands of years ago European Druids began the new year on what is now November 1. They believed it was the beginning of winter, that winter and summer were at war, and that on the night before the New Year, the army of winter with ghosts, goblins, and witches would approach. People tried to frighten these evil beings by wearing costumes and masks. With Christianity, November 1 became All Saints' Day or All Hallows' Day. And the night before is known as All Hallows' Eve or "Halloween".



lays a wreath of flowers at the Tomb of the Unknown Soldier in Arlington National Cemetery in Virginia. The memorial actually comprises three tombs of unidentified soldiers who lost their lives in W.W.I, W.W.II, and the Korean Conflict.

12th William "Pudge" Heffelfinger became the first professional football player in 1892. He was paid \$25.00, along with a cash bonus of \$500.00.

13th In 1946 the first artificial snow was produced in Massachusetts.

16th American Education Week.

18th National Culinary Week.

19th The paper pencil was patented by Frederick Blaisdell in 1895.

20th Great American Smokeout!

21st The 25th World Hello Day!

23rd Mother Goose Parade in El Cajon, California.

24th Birthday of Frances Hodgson Burnett, author of The Secret Garden, born in 1849.

25th Evaporated milk was patented in 1884 by John Meyenberg.

26th National Game and Puzzle Week.

27th Thanksgiving Day. Make a 'leaf wreath'. Cut leaf shapes, or use eucalyptus leaves (they're easy to draw on), and write the names of people you are thankful for (maybe your neighbors?). Add a bow and display it on your door.

28th Busiest shopping day of the year! Avoid crowds, shop from catalogs.

29th Author Louisa May Alcott was born in 1832. Read Little Women, or rent the movie and watch it with the family.

Beware... the holidays are near! Holiday Checklist: Cards, gifts, airline tickets, but mainly lots of love and thanks to give to others.

Lia L. Matthews

der...

l Boone was born in 1734.
ut's tomb was discovered in

al Chemistry Week.

asketball fans, James
inventor of basketball was
61.

er Lewis and Clark first
e Pacific Ocean in 1805.

nd Halley, astronomer and
of Halley's Comet, was born
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Dining Out On The Peninsula: Wildberries

Few cafes in the Peninsula area are merely purveyors of coffee. In fact, our local cafes serve an assortment of brewed beverages, prepare a variety of menus, create unique environments and attract often diverse clientele. I have two café hangouts, and I love them both! When I am in the mood for more formal surroundings, I head for The Red House Café (reviewed last month). When I am in the mood for a more bohemian atmosphere, my choice is Wildberries.

Wildberries is a laid back café in a quaint Victorian house on 17th street, between Lighthouse and Laurel in Pacific Grove. There are no signs to help you find the place and I've never seen any advertisements. You know you have found Wildberries when you spot the plant bucket with the name modestly painted on one side hanging at the front step. But, I didn't notice this til my umpteenth visit. So, don't count on it as a landmark. Look for the people hanging out on the front porch, like they're at a friend's house.

Wildberries doesn't need to advertise. Heck! One visit there and you'll soon discover why. Their gastronomical fare speaks for itself. The baked goodies are stupendous and the food divine. The beverages are fresh, the coffee & tea drinks impressive. For you iced tea aficionados, the tea of your choice is brewed hot then made cold. I haven't tried the whole menu, but I'm working on it.

Not only are all the eats visually pleasing, but they're delectable, scrumptious, appetizing, yummy, toothsome, mouthwatering, delicious, enjoyable, tasty, filling, and downright, good! In fact, they are better than good. And, all the food is made from scratch. These humongous portions deliver! You're gonna love it! If you're a "baked goody & java junky", this is Valhalla. Oh! I could rave on and drive you crazy with all my complimentary adjectives, but I'll spare you.

By the way, I don't know the hours, but they're closed on Thursdays. Try it out and tell me all about it at Disaray@hotmail.com I consider it the happening place for an appetite. The ambiance is comfortably personable and the clientele diverse. You be the judge!

P.S. I'd list the menu, but that would be tedious and take the fun & surprise of discovering it yourself.

P.P.S This place is not for everyone. My husband thinks it's too small – even nicknamed it "CrampedBerries" – and finds the wait lengthy. My response, "good things come to those who wait" and his perception of cramped is what I call up-close and personal. You decide!

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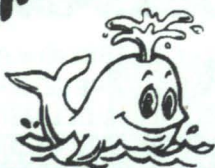
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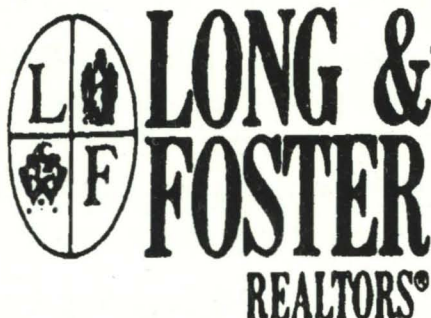
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